

# Your SAY

## Hypoglycaemia



### Have Your SAY on the impact of hypoglycaemia (low blood glucose) on your quality of life!

Researchers from the Hypo-RESOLVE project are trying to better understand the impact of hypoglycaemia on your quality of life.

You can have Your SAY by taking part in our **“Your SAY (Self-management And You): Hypoglycaemia”** survey, if you are:

- over **16 years** old;
- willing and able to complete the **survey in English**;
- diagnosed with **type 1 diabetes for at least 6 months**; OR
- diagnosed with **type 2 diabetes** and using **insulin for at least 6 months**; OR
- in a **relationship** and **living with a person who is**.

### What does the study involve?

Taking part in this study involves filling out an online survey on your computer, tablet or smartphone. It takes approximately 30 minutes.

**“Your SAY: Hypoglycaemia”** invites you to have your say and think about how hypoglycemia affects your quality of life. With this study, we are trying to see whether it matters *how* we ask about quality of life. Some of the items may seem similar, but each questionnaire asks you to think about quality of life in a different way. Once you begin the survey, you will be asked a few questions about your age, gender, living situation, employment, and other similar questions. Then, you will be asked about your/your partner’s diabetes, your quality of life, your experiences with hypoglycaemia, your feelings about hypoglycaemia, and your emotional well-being.

### Contact and more information:

Please visit: [www.hypo-resolve.eu/haveyoursay](http://www.hypo-resolve.eu/haveyoursay) or email the Study Team if you want to talk about this survey before deciding whether to participate, or if you have any questions or comments about the study: [sduhypoteam@gmail.com](mailto:sduhypoteam@gmail.com)

